

Tune In, Clam Up, Calm Down
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Grace Church
Wayne Brooks

Text: *James 1:19-20*

- If you have experienced the new birth, there will be some new behavior.
- I. Be quick to hear--- Tune In to what God is saying.

James 1:19

- A. Be swift to hear the impulses of the Spirit, be swift to hear the word of God.
- B. Three ways that God speaks:
1. Bible
 2. Preaching
 3. Spirit

II. Slow to speak--- Clam up *James 1:19*

A. Don't talk as much as you are accustomed to talking.

Prov. 10:19 Prov. 17:27 Eccl. 5:3

B. Jesus warns against speaking idly. *Matt. 12:36*

- The word “idle” or “careless” means **non-productive**. *James 2:20*

Ps. 141:3

C. Being talkative is not a bad habit it is sin.
Pride or Selfishness

III. Slow to Anger--- Calm Down *James 1:19*

A. “Be slow to lose your temper.”

Eph. 4:26

B. Anger and sin are never far apart.

1. There are few sins that will hurt your testimony and kill your influence and reveal your character more than your anger.

Eph. 4:26-27

2. The anger of man does not achieve the righteousness of God.

3. Paul clearly labels it as a deed of the flesh.

Galatians 5:20-21

C. The Bible says:

1. You have a foolish mind. *Eccl. 7:9*

2. You have a lack of strength. *Prov. 16:32*

3. You are controlled by the sin nature. *Gal. 5*

D. How are you going to deal with it?

1. Start treating it for what it is....a sin.
2. It is not **weakness** it is **wickedness**.
3. Thoughts (listen) & words (speak) - have a way of stirring up my spirit.

Prov. 15:1

IV. Conclusion: All of this is possible because we have been born again.



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